

2009 Macho Man Competition
May 16-17, 2009
Encinitas, Ca.

	Paddle	5k	Tri	Swim	Total
Deon Lourens	1:01:24	18:24	1:06:20	22:09	2:48:17
Scott Tinley	1:04:33	20:18	1:09:35	23:29	2:57:57
Kate Major	1:12:45	18:02	1:04:49	22:39	2:58:15
Kim McDonald	1:12:10	19:00	1:06:34	22:09	2:59:53
George Plsek	54:33:00	23:55	1:24:24	21:19	3:04:11
Tom Hinds	1:12:22	23:54	1:34:43	22:51	3:33:50