

SEAL5KAW

5K SEAL BEACH 2007 RUN 5K

RESULTS FOR THE 5K RUN
Official results by PRIME TIME
Saturday, March 31, 2007, Seal Beach, CA

***** AWARDS LIST *****

***** FEMALE OVERALL RESULTS *****

1	Kim Ramirez	2268	25	CARSON	CA	18:37
2	K PENSADER	9452	26	RIVERSIDE	CA	20:50
3	Becky Bershtel	221	25	LONG BEACH	CA	21:13

***** MALE OVERALL RESULTS *****

1	ALBERTO ESPINOZA	10000	19			16:10
2	TYRUS DEMINTER	9016	43	LOS ANGELES	CA	16:36
3	DARREN COX	3612	36	ALISO VIEJO	CA	16:39

MALE SEAL BEACH:

1	7 Michael Bremser	298	34	SEAL BEACH		17:08
2	14 Garren Mizutani	1908	44	SEAL BEACH		18:04

FEMALE SEAL BEACH:

1	83 Kathleen Phair	6820	47	SEAL BEACH		22:04
2	84 DEENA BICKFORD	3116	34	SEAL BEACH		22:13

MALE AGE GROUP: 1 - 13

1	32 Bobby wojcek	2942	13	SEAL BEACH		19:35
2	45 Alexander Scott	2463	11	FOUNTAIN VALLEY		20:45
3	50 DANIEL GONZALEZ	3341	13	LOS ALAMITOS		21:08
4	54 JOSE FIGUEROA	9008	13	SEAL BEACH		21:15

FEMALE AGE GROUP: 1 - 13

1	107 Jessica Selby	2471	11	CERRITOS		22:52
2	122 KELLY GENBERG	3609	11	LONG BEACH		23:22
3	136 Jessica Brinkman	311	12	LOS ALAMITOS		23:48
4	137 GABRIELA FIGUEROA	9129	13	SEAL BEACH		23:50

MALE AGE GROUP: 14 - 18

1	15 IAN FOURNIER	3637	14	LONG BEACH		18:07
2	17 Kevin wojcek	2943	15	SEAL BEACH		18:39
3	23 KYLE BROWN	3596	16	LOS ALAMITOS		19:03
4	24 Michael Joseph	1390	15	LOS ALAMITOS		19:05

FEMALE AGE GROUP: 14 - 18

1	58 LEAH WALDEN	9365	15	LOS ALAMITOS		21:23
2	104 EMMA PRIDMORE	9493	14			22:50
3	133 Madison Beall	187	14	LONG BEACH		23:42
4	184 Carrie Jercinovich	1368	16	FALLBROOK		24:58

MALE AGE GROUP: 19 - 24

1	1 ALBERTO ESPINOZA	10000	19			16:10
2	8 Vincent Rojas	2343	20	NORWALK		17:12
3	9 MIKE PENDERGRAPH	9453	21	RIVERSIDE		17:23
4	30 MASANOSUKE KINOSHIT	3005	22	LOS ALAMITOS		19:34

FEMALE AGE GROUP: 19 - 24

1	125 JAMIE BLOMGERN	2998	23	DOWNEY		23:23
2	146 Kathleen Curley	607	23	ALISO VIEJO		24:08
3	152 Samantha Ferreira	851	22	SANTA ANA		24:19
4	165 Chrissy Loehr	1653	24	HUNTINGTON BEACH		24:36

MALE AGE GROUP: 25 - 29

1	12 SHANE MCADAMS	9380	27	RANCHO SANTA MARG		17:35
2	21 SHAUN SUPERNAW	3357	26	LONG BEACH		18:58
3	22 TREVOR COX	3613	27	HUNTINGTON BEACH		18:19
4	37 Matthew Nethers	2013	27	BARSTOW		19:52

FEMALE AGE GROUP: 25 - 29

1	16 Kim Ramirez	2268	25	CARSON		18:37
2	47 K PENSADER	9452	26	RIVERSIDE		20:50
3	53 Becky Bershtel	221	25	LONG BEACH		21:13
4	87 Dena Malloy	1729	28	SEAL BEACH		22:20

SEAL5KAW

MALE AGE GROUP: 30 - 34						
1	4	Enrique Esparza	809	34	LONG BEACH	16:41
2	7	Michael Bremser	298	34	SEAL BEACH	17:08
3	39	Bryan Sullivan	2633	30	LAGUNA NIGUEL	20:05
4	42	DAMIAN JELKS	6911	33	LOS ALAMITOS	20:28
FEMALE AGE GROUP: 30 - 34						
1	84	DEENA BICKFORD	3116	34	SEAL BEACH	22:13
2	88	Danika Vittitoe	2817	32	LOS ANGELES	22:26
3	190	JESSICA HAUGH	9397	30	SEAL BEACH	25:04
4	233	Elle Hurley	6813	33	SEAL BEACH	26:04
MALE AGE GROUP: 35 - 39						
1	3	DARREN COX	3612	36	ALISO VIEJO	16:39
2	6	JEFF STANEK	3327	39	HUNTINGTON BEACH	17:06
3	19	STEVEN GULUZIAN	9133	36	IRVINE	18:48
4	35	AZIZ GOULHIANE	6943	37	WHITTIER	19:47
FEMALE AGE GROUP: 35 - 39						
1	153	vasti blake	241	37	LONG BEACH	24:20
2	220	Tammy Zwolinski	2991	36	IRVINE	25:47
3	240	Mary Gruber	1076	37	MURRIETA	26:13
4	279	MARA GLENN	3591	35	DUARTE	26:51
MALE AGE GROUP: 40 - 44						
1	2	TYRUS DEMINTER	9016	43	LOS ANGELES	16:36
2	14	Garren Mizutani	1908	44	SEAL BEACH	18:04
3	18	Tim Hickok	6784	41	SEAL BEACH	18:44
4	28	GABRIEL RODRIGUEZ	9002	40	HUNTINGTON BEACH	19:21
FEMALE AGE GROUP: 40 - 44						
1	138	MARIA SCOTT	3550	42	LONG BEACH	23:50
2	155	Tami Dowgiewicz	728	40	ENCINITAS	24:21
3	163	SUSAN MURRAY	3439	43	SEAL BEACH	24:35
4	229	Melissa Foote	885	43	LOS ALAMITOS	26:00
MALE AGE GROUP: 45 - 49						
1	5	Mike Phillipow	6773	46	LONG BEACH	17:03
2	10	BILL MACLEOD	9005	46	PALOS VERDES	17:29
3	11	Robert Franks	906	45	OXNARD	17:35
4	13	Jim Stimson	6791	49	LAKESIDE	17:57
FEMALE AGE GROUP: 45 - 49						
1	83	Kathleen Phair	6820	47	SEAL BEACH	22:04
2	127	SHEILA KING	3496	45	DIAMOND BAR	23:28
3	188	TRACEY CALLANAN	3693	47		25:02
4	200	Karen Salem	2395	45	IRVINE	25:22
MALE AGE GROUP: 50 - 54						
1	51	TONY DECCLISS	3571	50	LOS ALAMITOS	21:10
2	57	Patrick McKeefery	1820	54	OCEANSIDE	21:21
3	73	Paul Ciano	506	50	YORBA LINDA	21:43
4	75	GREG PORCHO	3373	50	FULLERTON	21:48
FEMALE AGE GROUP: 50 - 54						
1	349	Sheri Bullock	359	53	HUNTINGTON BEACH	27:48
2	407	MARIA MOLINA	3417	53		28:24
3	463	DEBBIE BOOTH	3519	53	ORANGE	29:11
4	522	BOBBIE HARTTER	3146	50	HUNTINGTON BEACH	29:49
MALE AGE GROUP: 55 - 59						
1	41	GORDON CURRIE	9257	57	SANTA ANA	20:15
2	79	Randy Emenaker	791	56	SANTA ANA	21:57
3	90	Jim Moreau	1945	59	WESTMINISTER	22:30
4	135	dan shelton	2487	58	CYPRESS	23:48
FEMALE AGE GROUP: 55 - 59						
1	173	SOLANGE STRAMLER	3036	57	HUNTINGTON BEACH	24:44
2	460	GAIL ADAMS	3058	55	LONG BEACH	29:07
3	462	Sandy weeks	2873	56	FULLERTON	29:11
4	473	JAMIE RANDELL	3195	58	BIOLA UNIVERSITY	29:16
MALE AGE GROUP: 60 - 64						
1	44	MIKE ECK	9012	62	anaheim	20:40
2	192	GEORGE CALDERON	3055	61	BIOLA UNIVERSITY	25:07

			SEAL5KAW	
3	241	gary butts	377 60	HUNTINGTON BEACH 26:14
4	259	Mike Hurley	6812 60	SEAL BEACH 26:32
FEMALE AGE GROUP: 60 - 64				
1	386	DIANN HEYER	3515 63	NEWPORT COAST 28:12
2	466	sandy butts	378 60	HUNTINGTON BEACH 29:12
3	693	Janet Mitamura	1902 60	LOS ALAMITOS 31:45
4	832	Barbara Fineberg	866 63	33:45
MALE AGE GROUP: 65 - 69				
1	143	ART GITTLEMAN	3702 65	HUNTINGTON BEACH 23:58
2	178	Skip Korsgaard	1503 66	MALIBU 24:52
3	300	Carl Pytlinski	2246 68	ALTADENA 27:05
4	333	Bob Blum	251 68	CYPRESS 27:32
FEMALE AGE GROUP: 65 - 69				
1	804	Charlotte Higa	1229 65	CERRITOS 33:29
2	913	Belinda Mac Leod	1709 69	SEAL BEACH 34:59
3	1284	pat stubbs	2626 69	HUNTINGTON BEACH 43:27
4	1308	Digna McLellan	1831 68	SEAL BEACH 44:29
MALE AGE GROUP: 70 - 89				
1	204	JOHN HARPER	6872 73	SEAL BEACH 25:24
2	226	David Harper	1159 74	PALOS VERDES 25:57
3	758	DONALD PLAPP	3049 72	BUENA PARK 32:47
4	1205	Larry Senn	2477 71	SUNSET BEACH 40:56
FEMALE AGE GROUP: 70 - 89				
1	1333	DORIE SMITH	6903 76	TUSTIN 46:43